

1. <https://www.occupationalperformancesolutions.co.uk/book-online>
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Available Courses



Advanced Firefighter Fitness Testing

(including all meals, refreshments and 1 nights accomodation)

Available spots

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2. Click 'Book Now'

Advanced Firefighter Fitness Testing

Starts 9 Oct	£895	Kenwood Hall, SHEFFIELD
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Available spots

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Description

Aimed at lead service fitness advisors, this 2-day course will provide you with an in depth understanding of the theory and practice of managing and delivering an effective Service wide fitness testing programme (full programme attached). Learn from leading academics in the field and discuss key topics with other UK Fire fitness advisers to help you move towards best practice in fitness testing in the Fire & Rescue Service.

Cancellation Policy

Courses may be cancelled up to 28 days before the course date. After this, courses may be rescheduled to an alternative date.

Venue Details

Kenwood Hall, Kenwood Hall Hotel & Spa, Kenwood Road, Nether Edge, Sheffield, South Yorkshire S7 1NQ, UK

3. Complete the 'attendee' details. If you are paying by invoice later, please enter the Purchase Order (PO) number given to you by your finance team in the PO box at the bottom and click 'book now'

Attendee details

Tell us a bit about yourself

First Name *

0/100

Last Name *

0/100

Email *

Phone Number

Number of Participants *

1

▼

Add Your Message

Organisation *

PO No (if paying by invoice)

Booking Details

Advanced Firefighter Fitness Testing

9 October 2024 at 11:00

Kenwood Hall, SHEFFIELD

28 hr

Payment Details

Subtotal

1 participant x £895

Total

Book Now

Cancellation Policy

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FITNESS

4. If you are paying by card you can click 'express checkout. If you would like an invoice to be sent, please enter the delegate details and click 'continue'

Express checkout

  2782

or

Customer details

Email *

First name *

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Last name *

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Phone *

Continue

Payment

Order summary (1)

 Advanced Firefighter Fitness Testing

Starts October 9, 2024 at 11:00 AM

More Details ▼

Enter a promo code

Subtotal

VAT

Total

 Secure Checkout

5. If paying by credit card, please click 'credit/debit cards' and enter the card details. If you would like to pay later and receive an invoice, click 'manual payment'. Enter the billing address for the Service (i.e. your name plus the HQ address for the service). Click 'place order and pay'. You will not need to pay anything, and you will receive an email confirmation and an invoice from occperformancesolutions@gmail.com confirming your place. **Please check your junk email for the confirmation email!**

Customer details[Edit](#)

xxxxxxxxxxxxxxxxxxxx
xxxxxxxxxxxxxxxxxxxx@hotmail.com
07777777777777

Payment

☒ Credit/Debit Cards 

☐ Manual Payment 

Card number *
 

Expiration date * **CVV/CVC *** 

Cardholder name *

Billing address

First name *

Last name *

Phone *

Country/Region *

Address *

City *

Zip / Postal code *

Review & place order

Review your details above and continue when you're ready.

Place Order & Pay

Order summary (1)



**Advanced Firefighter
Fitness Testing**
Starts October 9, 2024 at 11:00 AM
[More Details](#) 

[Enter a promo code](#)

Subtotal

VAT

Total

 **Secure Checkout**

6. Once you have received the email, please forward on your invoice to your finance team for payment.